



COMMUNITY BOARD

FOR THE PLUMPTON COLLEGE COMMUNITY

Week beginning Monday 3rd March 2025

WE'RE SUPPORTING
NATIONAL CAREERS WEEK 2025.

#NCW2025

3RD - 8TH MARCH 2025



National Careers Week

NCW

Headline Partner:



NatWest
Thrive

This WEEK IS NATIONAL CAREERS WEEK 2025

The Careers Team have developed our Personal Development sessions for this week.

The focus will be on recognising transferable skills or planning your progression.

Recognising your employability skills and preparing for your next steps are vital to your development.

Sessions are not to be missed!

UPCOMING EVENTS

As well as a Personal Development lesson dedicated to National Careers Week, look out for special events, lessons and talks in your curriculum area

EST. 1926
PLUMPTON
COLLEGE

plumpton College
Careers Hub

National Careers Week
NCW

**CELEBRATING NATIONAL
CAREERS WEEK 2025**

3 - 8 March

Become a Volunteer Officer



THE BENEFITS OF LIFE IN THE RAF



- Competitive pay and pension
- Training and lifelong learning
- Six weeks' paid leave and public holidays
- Free medical and dental care
- Subsidised food and accommodation
- Free gym and sports facilities
- Adventurous training opportunities

Email: CRN-CareersEngageCCLO@mod.gov.uk



Download our App to find out more about a career in the Royal Air Force



MS CRN 31_1442 BZN BENEFITS POSTER

All information correct at time of publication.



FIND YOUR APPRENTICESHIP



The Royal Air Force offers over 20 different apprenticeships.

- Excellent starting salary and career progression
- Guaranteed job after successful training
- Gain civilian-recognised qualifications

ARE YOU UP FOR THE CHALLENGE?

ENGINEERING

Aircraft Technician (Avionics)
Aircraft Technician (Mechanical)
Weapon Technician
Electrician
Survival Equipment Specialist
Vehicle & Mechanical Equipment Technician
Advanced Manufacture & Repair Technician

CYBERSPACE

Communications Infrastructure Technician
Cyberspace Communication Specialist

MEDICAL SERVICES

RAF Medic

LOGISTICS

Driver
Mover
Supplier
Chef
Air & Ground Steward

PEOPLE OPERATIONS

Physical Training Instructor
Photographer

AIR & SPACE OPERATIONS

Air Traffic and Weapons Controller
Firefighter

GROUND COMBAT & SECURITY

RAF Police
RAF Regiment Gunner

INTELLIGENCE

Intelligence Analyst

Email: CRN-CareersEngageSouth@mod.gov.uk



MS CRN 31_1442 SOUTH APPRENTICE POSTER

All information correct at time of publication.



Download our App to find out more about a career in the Royal Air Force



NEED TO KNOW

Show respect all the time
In lessons:
Coats and hats off
Headphones out
Lanyard on
Phone away

Thank you

PLUMPTON COLLEGE

LEARNER WORKPLACE AGREEMENT

- We will be polite and respectful in our learning spaces.
- We will be ready to learn by arriving on time, removing our coats/bags, wearing our lanyards, and bringing our learning notes/equipment.
- We will remove our headphones and leave our mobile phones away from our learning environment.
- We will only drink water inside of our learning spaces and eat outside of our learning spaces.
- We will value and engage with our lesson time and environment.
- We will be supportive and considerate of others.

'This is what we do at Plumpton College'

**THIS IS NON-NEGOTIABLE UNLESS SPECIFICALLY ADAPTED
IN AGREEMENT WITH YOUR LECTURER.**



UPCOMING EVENTS

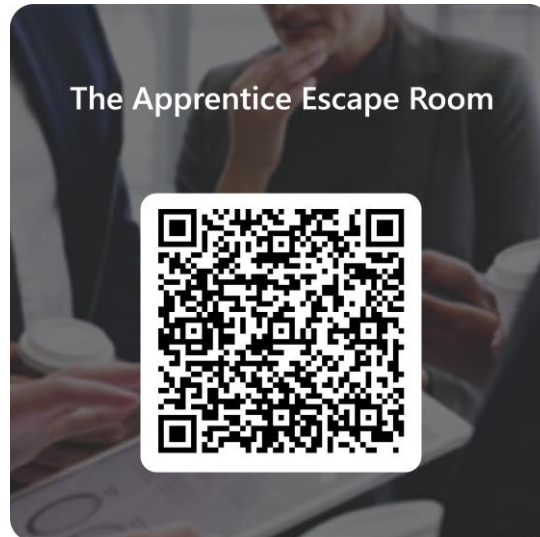
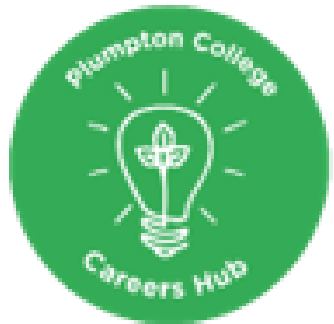
Exciting News!

Plumpton College Careers team's
'The Apprentice' Escape room

is now open for bookings for groups of up to 5 people!

Please use the QR Code.

Book in now and prepare to try and
escape!



UPCOMING EVENTS



CLIMB THE O2

MONDAY 17TH MARCH 2025
FULL DAY TRIP

£35

PRICE INCLUDES:

- CLIMB EXPERIENCE
- CLIMB EQUIPMENT
- RETURN MINIBUS FROM COLLEGE TO THE O2 LONDON

PUSH YOURSELF IN A NEW CHALLENGE & SEE THE SIGHTS OF LONDON FROM 52M HIGH



SCAN TO BOOK OR TALK TO BETH GILL IN PD FOR MORE INFO

Only **2** spaces remaining

Challenge yourself!

UPCOMING EVENTS

SAVE THE DATE

Spaces will be on sale via the online store very soon ...

Student Day Trip

The Thorpe Park logo features the words "THORPE PARK" in a stylized, white, outlined font. The text is set against a background of a blue and orange swoosh that resembles a roller coaster track.

**Friday
25th April
2025**

- Big Thrill Rollercoasters
- Full day in the park
- Transport included

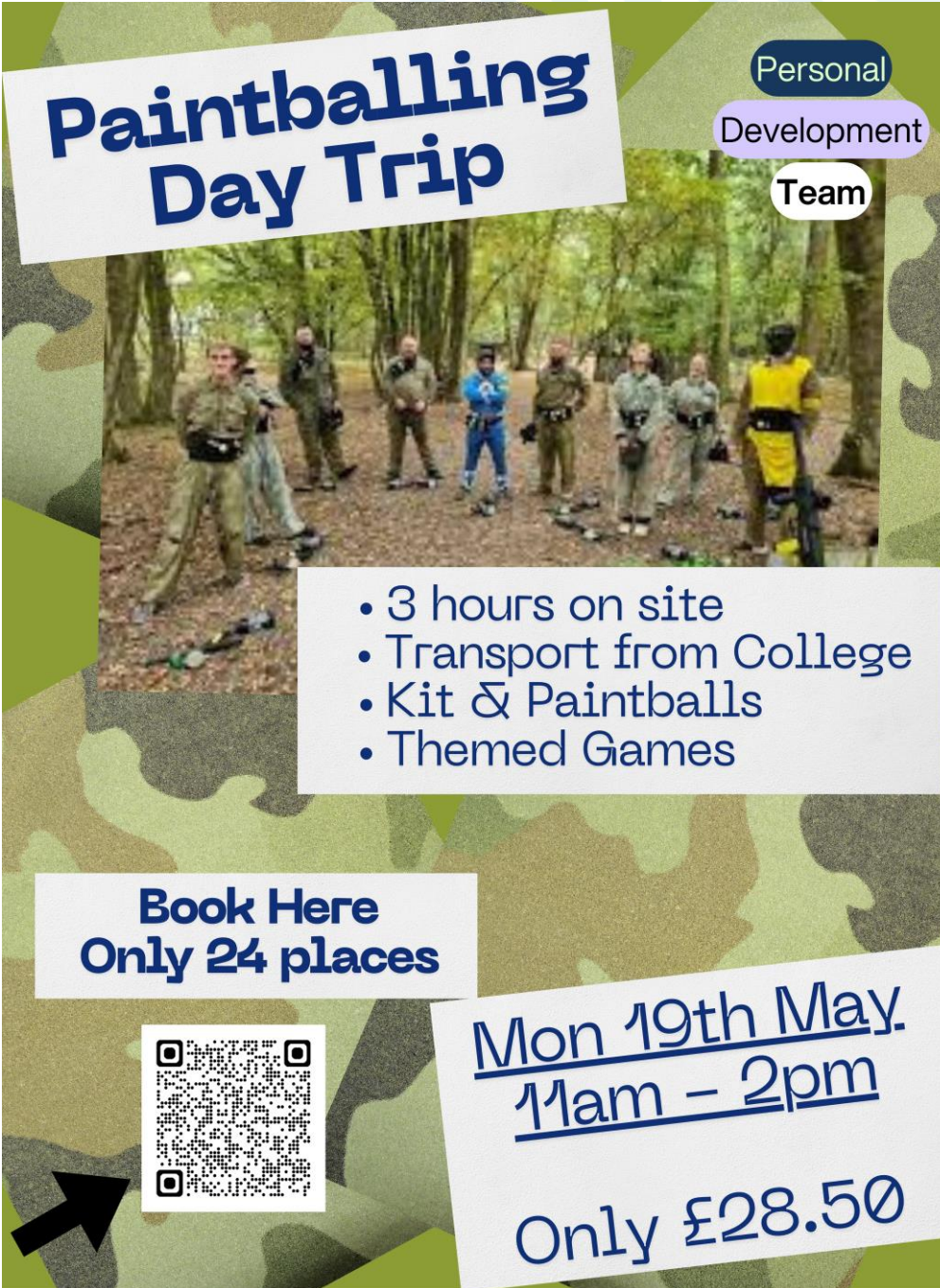
Limited Spaces

**Only
£25.00**

Personl Development Team

UPCOMING EVENTS

Only a few spaces left. Book now!

A promotional poster for a paintballing day trip. The background features a camouflage pattern. At the top, the title 'Paintballing Day Trip' is written in large, bold, blue letters on a white banner. To the right of the title are three overlapping circles labeled 'Personal', 'Development', and 'Team'. Below the title is a photograph of a group of people in paintball gear standing in a wooded area. A list of features is provided in a white box: '3 hours on site', 'Transport from College', 'Kit & Paintballs', and 'Themed Games'. At the bottom left, a white box says 'Book Here Only 24 places' with a QR code below it and a black arrow pointing to it. At the bottom right, a white banner displays the date and time 'Mon 19th May 11am - 2pm' and the price 'Only £28.50'.

Paintballing Day Trip

Personal
Development
Team

- 3 hours on site
- Transport from College
- Kit & Paintballs
- Themed Games

Book Here
Only 24 places



Mon 19th May
11am - 2pm

Only £28.50

UPCOMING EVENTS

What will be the theme of this year's RAG DAY?

Shortly, we will send out an online suggestion box for you to share your ideas...



RAG DAY

Wednesday 2nd April
13:00 - 15:30

**Cross College Activities-
Colour Clash**
Raising money for charity

Brought to you by



NEED TO KNOW

You said: “we don’t know how to report issues”

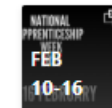
We did: “we added these tabs to Student SharePoint”, so you can report at any time of day or night

Plumpton College Student Apps

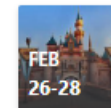


Whats Coming Up

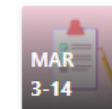
+ Add event



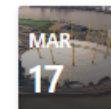
National Apprenticeship Week 2025
Mon, Feb 10, 6:00 AM



Disneyland Paris
Wed, Feb 26, 6:00 AM



PSS-2 Plumpton Satisfaction Survey -
Mon, Mar 3, 9:00 AM



Climb the O2
Mon, Mar 17, 12:00 AM

Other Useful Resources



NEED TO KNOW

Jim Jackson Foundation Funding Available - speak to your Personal Development Coach

Jim Jackson Foundation. [The Jim Jackson Educational and Enabling Foundation](#)

1. **Purpose:** Supports young people (16-24) in supporting their business-based career ideas, especially those facing obstacles.
2. **Target Group:** Disadvantaged, talented individuals recommended colleges, social workers, and community institutions.

Support Offered

1. **Funding:** For students with excellent attendance, behaviour, and passion for their subject.
2. **Types of Support:**
 1. Training and development opportunities.
 2. Assistance with business-related expenses (e.g., trip costs, tech, extra training).
 3. Support for apprenticeships and work placements.

Application Process

1. **Form Submission:** Students complete an interest form here. <https://forms.office.com/e/me603hYZGL> register interest before May 2025.
2. **Meeting:** Students meet with the Bursary Officer to discuss their needs in detail and how the foundation may help.
3. **Decision:** The foundation reviews the applications sent from the College and decides on financial assistance.

Outcome

1. **Goal:** Enable young people to succeed in a future business-based idea and give back to their community.

A-Z: 'Assistance dogs' to 'Zoe'

Plumpton College Student, Zoe Toole

06/03/2025, 12:15-13:00,
Wine Lecture Theatre (in-person talk)



This talk is **open to staff and students** across the College. Spaces are limited, so please email or Teams message will.hughes@plumpton.ac.uk to book your place.

This talk will cover a variety of subjects including Zoe's experience within the industry so far and their recommendations for students looking to get into the canine training/behaviour world. The talk will also cover aspects of their personal experiences with guide dog, Forest, as well as some general assistance dog information. Getting into the dog industry can be hard, so this talk aims to build connections and let people know of their options, as well as highlighting the importance of work experience.

We are both looking forward to seeing you there!

Amazing opportunity for Plumpton Students

Boost your CV
Travel reimbursed
Full support & Training



Youth Work Volunteers Needed

Volunteer in Peacehaven to support young people aged 11-19 to learn new skills and make a difference.

Join our team to start your journey!

Find out more:
YHVolunteers@eastsussex.gov.uk

Volunteer from age 16



East Sussex Youth Service
Eastbourne, Heathfield,
Hastings, Peacehaven



VOLUNTEER WITH YOUNG PEOPLE

Volunteer at our Youth Sessions for young people aged 11 to 19 within our Youth Hubs.




Contact
YHVolunteers@eastsussex.gov.uk




WELCOME TO THE DIRECTORY

Enrichment Directory



Tuesday Activities

Click here!



Wednesday Activities

Click Here!



Thursday Activities

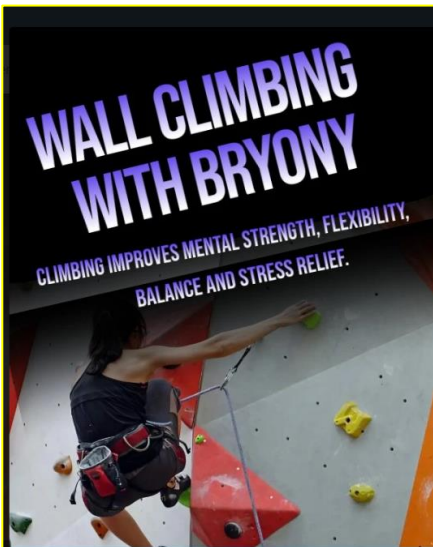
Click Here!



Please click on the link or scan the QR code to check out our enrichment classes so far


WALL CLIMBING WITH BRYONY

CLIMBING IMPROVES MENTAL STRENGTH, FLEXIBILITY, BALANCE AND STRESS RELIEF.



Maximum 8 people.
3pm - Sports Hall
Tuesdays

Tuesday Enrichment Activities January - April 2025 @ Plumpton College




BASKETBALL.

3 ON 3 SHOOTING HOOPS
TUESDAYS 3-4PM
SPORTS HALL.

WWW.SPORTS.COM

Plumpton College
presents



Pool Competition
TUESDAYS
3-4pm
LOWER COMMON ROOM

Please scan the QR Code or click on the [link](#) to view all of our enrichment offering for Tuesdays and then sign up to one of the activities. Enjoy Enrichment @ Plumpton



TABLE TENNIS


Coaching & Match play -
Sports Hall

• Playing TT improves hand-eye coordination, it stimulates mental alertness, concentration and tactical strategy. ...

Careers Enrichment

6 UCAS SESSIONS →

Get the support you need for your university application




- 1 Why study Higher Education? What to study and where.
- 2 How to apply to UCAS workshops
- 3 Writing a UCAS personal statement workshop
- 4 Student finance- How it works
- 5 Personal statement/ Application review meetings with an adviser
- 6 Preparing for a Uni interview - Practice interview questions

UCAS Universities and Colleges Admissions Service

BOOK IN ON SHAREPOINT

Week by week UCAS support, to help you stay on track with your university application

Wednesday Enrichment Activities January - April 2025 @ Plumpton College



PICKLEBALL

@ Plumpton College



Join Us

Wednesdays
3pm - 4pm

Pickleball is fun, social and friendly! The rules are simple and the game is easy for beginners to learn, but can develop into a fast-paced, competitive game.



PLUMPTON
COLLEGE
ESPORTS



Did you know we do esports?

For more information please come and visit us between 3-4pm on Wednesdays in BT5, which is located in the Sussex Rural Business Center.

Alternatively you can visit us at the IT Helpdesk during our open hours throughout the week, send an email to helpdesksupport@plumpton.ac.uk or take a look at the IT Helpdesk SharePoint page.



PLUMPTON COLLEGE FOOTBALL TRAINING

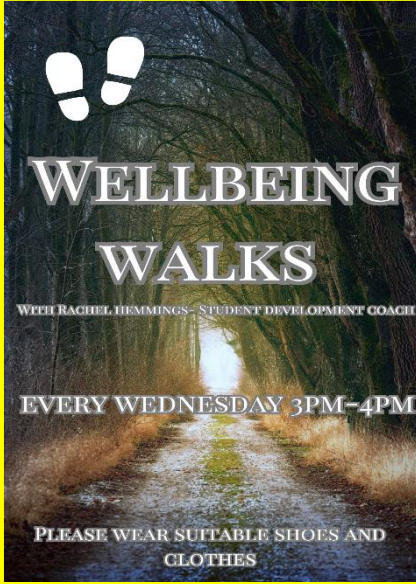
PLEASE WEAR FOOTBALL BOOTS/ SHINPADS AND BRING WATER

TEAM TRAINING

WITH A FOCUS OF BUILDING A FOOTBALL SQUAD TO REPRESENT PLUMPTON COLLEGE

For more information, please contact Sport Lecturer Josh on josh.bryant@plumpton.ac.uk or message on Teams

Please scan the QR Code or click on the [link](#) to view all of our enrichment offering for Wednesdays and then sign up to one of the activities. Enjoy Enrichment @ Plumpton



WELLBEING WALKS

WITH RACHEL HEMMINGS - STUDENT DEVELOPMENT COACH

EVERY WEDNESDAY 3PM-4PM

PLEASE WEAR SUITABLE SHOES AND CLOTHES

BADMINTON Coaching

All levels welcome. Please wear sports trainers

Many benefits of playing Badminton including: Improves muscle strength, helps to reduce stress, improves flexibility, boost your metabolism rate and improves mental agility.

Thursday Enrichment Activities
January - April 2025 @ Plumpton College

THE BIODIVERSE CLUB INVITES YOU TO JOIN IN AND...

Build a BIRD^a HIDE

AND OTHER CONSERVATION BASED ACTIVITIES

MEET THURSDAYS, 3PM @ AGRIFOOD CENTRE

IF YOU'VE A PASSION FOR THE OUTDOORS AND NATURE, AND GOOD CARPENTRY SKILLS WE'D LOVE TO SEE YOU!

For more information contact alex.waterfield@plumpton.ac.uk

maximum students = 8

FITNESS WORKOUT
at Plumpton's Gym

WEIGHT TRAINING
CARDIO TRAINING

This is a great gym to do a cardio workout - lift weights, strengthening and conditioning

WEEKLY GROUP TO MANAGE THE STORE

PRE-LOVED ENRICHMENT AT THE HIVE

ORGANISATION
PLANNING
CREATIVITY
TEAM WORK

SUPPORTING SUSTAINABILITY

Please scan the QR Code or click on the [link](#) to view all of our enrichment offering for Thursdays and then sign up to one of the activities. Enjoy Enrichment @ Plumpton

Learn to play **CHESS**

THURSDAYS 3PM-4PM IN THE HIVE

STUDENT LED

PLUMPTON COLLEGE **FOOTBALL TRAINING**

PLEASE WEAR FOOTBALL BOOTS/ SHINPADS AND BRING WATER

TEAM TRAINING WITH A FOCUS OF BUILDING A FOOTBALL SQUAD TO REPRESENT PLUMPTON COLLEGE

For more information, please contact Sport Lecturer Josh on josh.bryant@plumpton.ac.uk or message on Teams

NEED TO KNOW

Time to talk?
We will listen

24/7 support when you need it

Download the app and set up an account now.

You need the code:

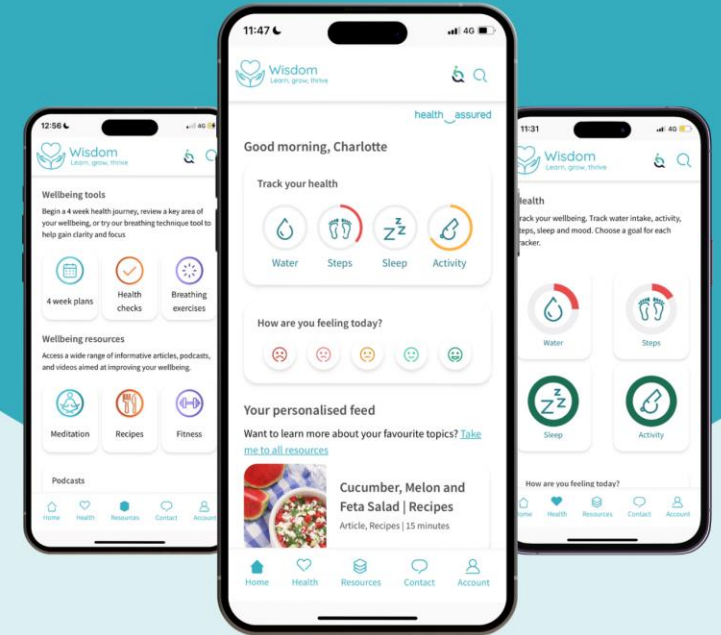
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