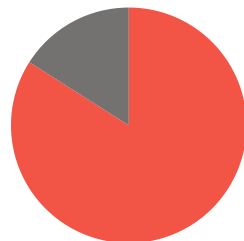


BRITISH VALUES & PREVENTING EXTREMISM

- Wednesday 4th October 2023
- 4 sessions with over 100 students attending each session

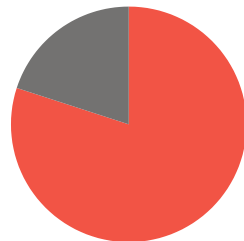
As a result of these sessions do you feel that your understanding of British Values has improved?

● Yes ● No



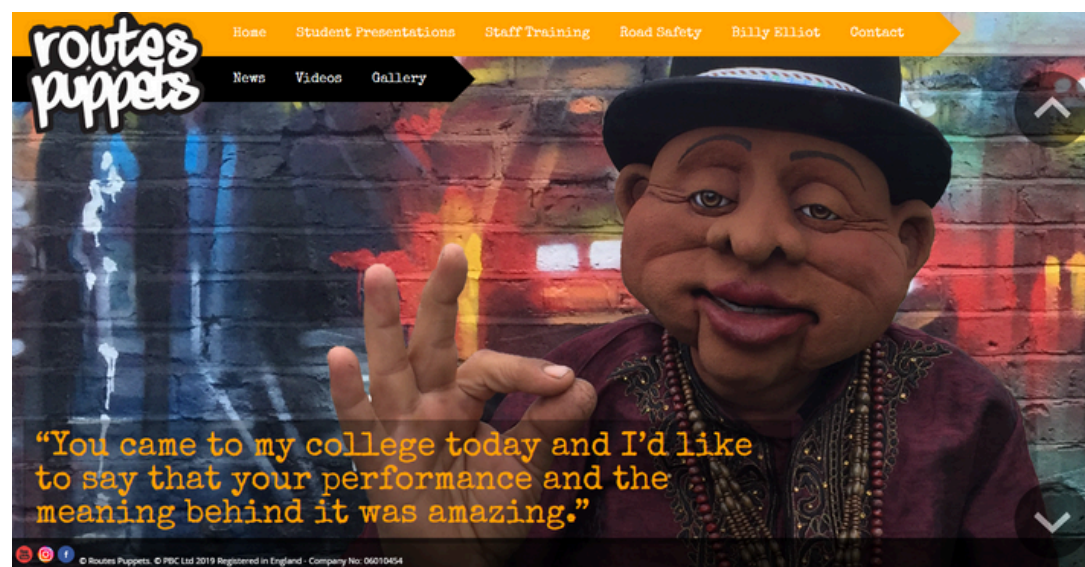
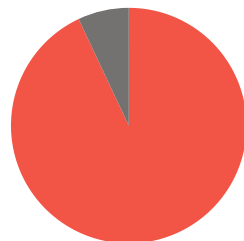
Do you now have a clear understanding of what the Prevent Strategy is?

● Yes ● No



Do you understand the importance of reporting concerns about radicalisation to appropriate authorities?

● Yes ● No



BRIGHTON AND HOVE ALBION IN THE COMMUNITY

- 30th January & 1st February 2024
- These workshops built on our Diversity theme, by giving students opportunities to see how some sports have been adapted for those with disabilities.



**OVER 360 STUDENTS
ATTENDED**



**It really opened my eyes to
what it must be like if you are
partially sighted**

Level 3 Environmental Studies &
Conservation student



**It was amazing to realise how much
skill it takes to play these sports
(especially the blind football).**

Level 2 Adventure Ed student



**Skills developed: Team working, speaking,
listening and empathy**



CHRISTMAS COMMUNITY FAIR AND FUNDRAISER

- 12th December 2023 - ANNAUL EVENT
- Skills developed: volunteering, enterprise, inter-personal, financial planning
- Level 1 Floristry students created table decorations to sell. They had to price-up the raw materials, make the decorations, set up their stall and then sell their wares. Interacting with members of the public was a new experience for many of them - and they loved it!



OVER 600 STUDENTS ATTENDED



It was great fun for the whole community and a brilliant fundraiser too

Student from Kenya 2024 Trip



INSPIRATIONAL AWARD WINNING SPEAKER, FREDERICK AFRIFA

- 8th, 9th and 10th January 2024
- Over 400 students benefitted from Frederick's insights

Did you find the content of the talk engaging and of interest?



● Yes ● No

Feedback from a parent:

Gabriel came home and said it was the best talk he'd ever been to, he loved the things he was saying, it was really inspirational. He was then looking him up online so he can carry on learning.

Level 2 Adventure Sports student

I never heard of Frederick and then because of his life story relating to mine so well he inspired me to the point where his talk helped me solve most of my life problems and get out of my depression which lasted almost a year.



Key themes: Motivation, resilience, difference



Best talk I've ever been to!

LONGLEAT SAFARI PARK AND BATH CHRISTMAS MARKET TRIP

- 30th November & 1st December 2023
- A Personal Development trip to encourage independence and working as a team.



19 STUDENTS ATTENDED



4 STUDENTS WITH EHCP



6 HIGH NEEDS STUDENTS



4 STUDENTS HAD NOT STAYED AWAY FROM HOME PREVIOUSLY

TRIP SATISFACTION



Skill most improved

**Positivity and
independence**



It was great having the freedom to do what we wanted, but we were still safe!
Bronwyn, Level 3 Animal student

PRE-LOVED CLOTHING SHOP

- Takes place every half term
- The Pre-Loved Shop is part of the College's commitment to promoting sustainability, encouraging us to think twice before throwing something away or before buying new

**MOST STUDENTS
FROM ACROSS
CAMPUS
HAVE ATTENDED
AND BENEFITTED**



**The Pre-Loved Shop helped
me get work clothes which I
couldn't afford.**

Level 2 Agriculture student



**I have volunteered with the shop and
it has helped me gain confidence from
talking to other students.**

Luke, Level 3 Floristry student

**PRE-LOVED
SHOP**

**Everything is
FREE**

donations welcomed
Personal Development Team

**TOP COMMON ROOM
OPPOSITE DINING HALL**

OPEN TO STUDENTS & STAFF

12pm - 2pm

Check SharePoint for Upcoming Dates



SMOOTHIE BIKE PROJECT

- **May 2023**
- In Personal Development sessions Level 1 & 2 students worked on creating healthy, delicious smoothies to sell to students and staff.
- Students had to create promotional posters after doing their research into flavours, costs and health benefits.

Key skills developed: teamwork, leadership, entrepreneurial, compromise, health eating



I really enjoyed making smoothies and they were really tasty.
Level 1 Blacksmith student

I thought the students did a brilliant job creating the smoothies, it was great to see their confidence grow.
Horticulture Lecturer



2020 DREAMS WORKSHOP PERSONAL DEVELOPMENT WORKSHOP

- 6th, 7th & 8th February 2024
- These workshops built on our theme of relationships and support students' knowledge and understanding of equality, misogyny and sexual harassment.



**OVER 500 STUDENTS
ATTENDED**



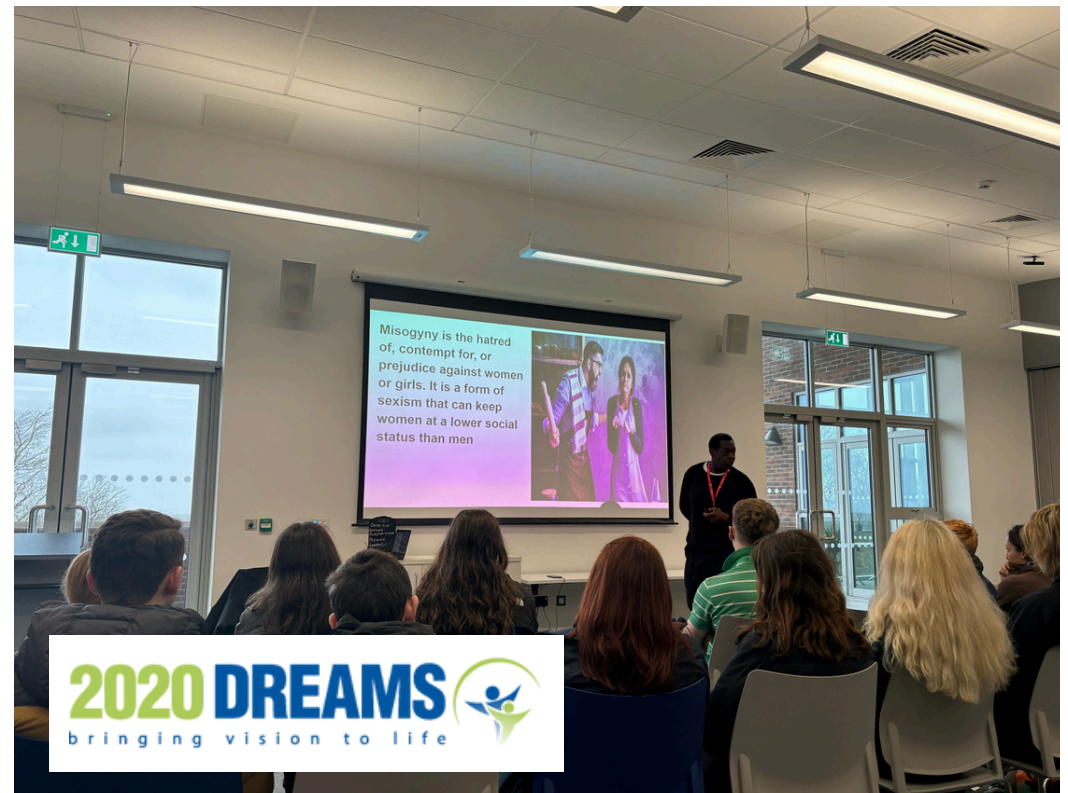
**I thought that the workshop
went really well and I liked that
there was a lot of debating.**

Level 3 Animal Management student



**It was an amazing workshop,
only wish I had more time.**

Level 2 Adventure Ed student



2020 DREAMS 
bringing vision to life

VAPING, SMOKING, PARTY DRUGS, DRINKS SPIKING

- Tuesday 5th December 2023
- Substance misuse, drink spiking and vaping. Linked with Personal Development in the run-up to Christmas and sessions on minimising risk



OVER **320** STUDENTS ATTENDED



I'm definitely giving up vaping in January

Level 2 Animal Management student



I'm going to get all our friendship group to quit vaping after that

Level 2 Agriculture student







DISNEYLAND PARIS TRIP

- 1st March - 3rd March
- A Personal Development trip to encourage independence and teamwork. The trip helped develop student's self-esteem, self-confidence and self-belief.

TRIP SATISFACTION



-  **36 STUDENTS ATTENDED**
-  **11 STUDENTS WITH EHCP**
-  **9 HIGH NEEDS STUDENTS**
-  **5 STUDENTS HAD NOT STAYED AWAY FROM HOME PREVIOUSLY**

I have had the best time ever, thanks for organising this trip and taking us on it, you have made my dreams come true.
L3 Animal Management student



Skill most improved

Confidence and independence



COMMUNITY BOARD - INFORMATION TO THE WHOLE PLUMPTON COLLEGE COMMUNITY

- Weekly share via PD lessons, emailed to students and parents, added to website and SharePoint
- Over 3000 students benefit from knowing about upcoming events, reinforcement of college values and reminders of support systems

REGULAR SLIDES:

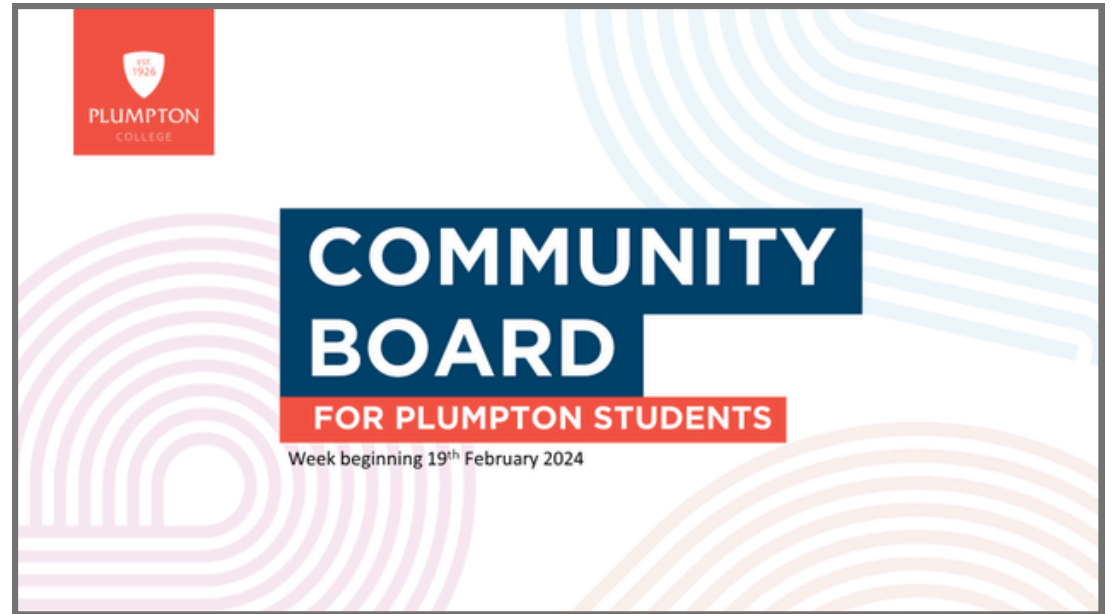
College Theme - including inspirational quote

Need to Know - upcoming events

Student Support options - e.g. Student Assistance Programme

Feedback from a parent:

It's great to know about the opportunities my son has and means I can gently encourage him from home.



KENYA TRIP - NANING 'OI SCHOOL, MAASAI MARA

- 24th March - 5th April 2023
- Plumpton College aims to raise over £10,000 each year to provide for 2 schools: Nanning 'Oi Primary and High Schools. in the Maasai Mara, in Kenya. Last year the college trip helped create fields for self-sustaining crops. This year solar panels will be installed.

 **30 STUDENTS**

 **5 STUDENTS WITH EHCP**

 **4 STAFF MEMBERS**

2023 TRIP

 **20 STUDENTS**

 **2 STUDENTS WITH EHCP**

 **3 STAFF MEMBERS**

**PLANNED
2024 TRIP**

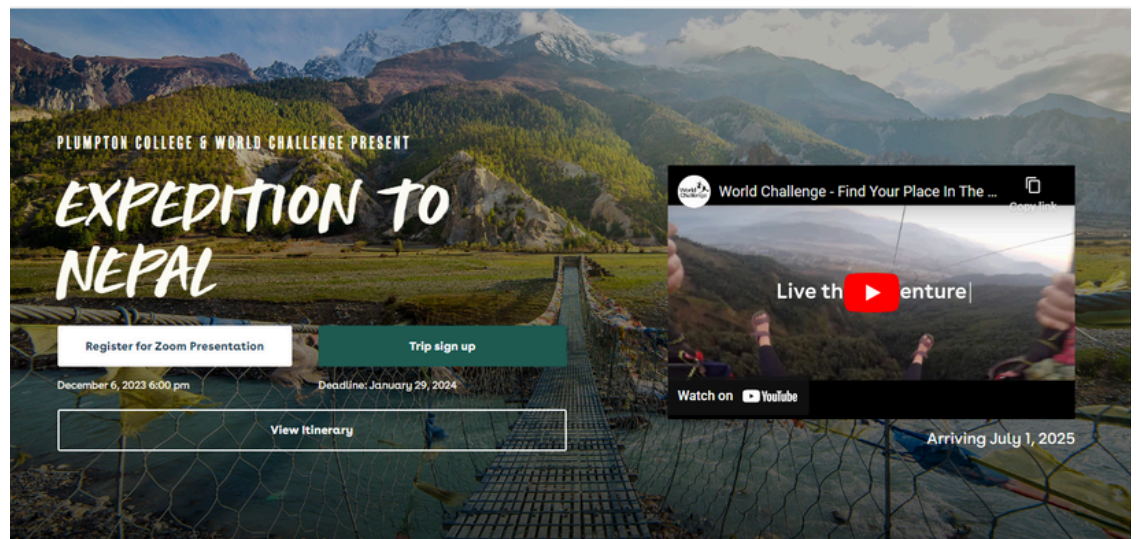
 The trip has made me re-evaluate all the things that are important in life, most of them are different to when I went Level 3 Animal Management student





WORLD CHALLENGE - TRIP TO NEPAL JULY 2025

- 1 July 2025 - 14 July 2025
- New to Plumpton College for 2025 is a World Challenge Adventure to Nepal. 14 nights to explore Nepal, trek in the Himalayas and stay in a remote mountain village.
- The trip aims to give students an opportunity to develop life-long skills of independence, confidence, motivation, problem-solving, staying positive in tricky situations, team work and leadership.



20 STUDENTS



4 STUDENTS WITH EHCP



2 STAFF MEMBERS

**PLANNED
2024 TRIP**

THORPE PARK DAY TRIP

- Wednesday 24th April 2024 - NEW ANNUAL EVENT
- A Personal Development day trip to encourage independence and teamwork. Trips help develop self-esteem, self-confidence and self-belief

 **30 STUDENTS ATTENDED**

 **8 STUDENTS WITH EHCP**

 **7 HIGH NEEDS STUDENTS**

Aims of the trip:



**Improve confidence,
experience of being with
others, away from home.**

**Thank you for creating the opportunity
for my daughter. As she cannot attend
any overnight trips, I'm grateful you
have put this on for her.**



MENTAL HEALTH AND EMOTIONAL WELLBEING CONFERENCE - PLUMPTON 2024

- 31st January 2024
- Over 140 delegates from across East Sussex attended the annual conference
- Below: David (L1 Floristry Student) with Sally (Coach), participating in a Q&A session for the delegates

Two Plumpton students made us very proud by presenting their stories of personal development and growth and how this has been supported by the college.

I was so nervous talking in front of all those people, but I absolutely loved it. I loved it so much I want to do it again!



WELLBEING WALKS

- **Run by the Personal Development Team - On going throughout the year**
- In the Personal Development team we are passionate about the benefits of nature. Students are taken on wellbeing walks, where we all benefit from fresh air, time to think and talk and also take time to reflect on their studies.

I really love going on wellbeing walks with my coach, I am able to talk in a relaxing environment.

Level 3, Year 1 Environmental Studies and Conservation student

I love being outside, I always come back feeling refreshed and ready to work.

Level 2 Floristry student



**OVER 300 STUDENTS
HAVE JOINED
COACHES ON WALKS**



6 WEEK MEDITATION COURSE

- **EVERY WEDNESDAY**
- In the Personal Development team we are passionate about the benefits of holistic health. Every Wednesday Sally Davis guides students through meditation. Clearing the minds, improving sleep and minimising stress of daily life.



**28 STUDENTS
HAVE JOINED THE
MEDITATION COURSE**



I really enjoyed attending the meditation course, I have learnt methods to help clear my mind.

Level 2, Blacksmith student

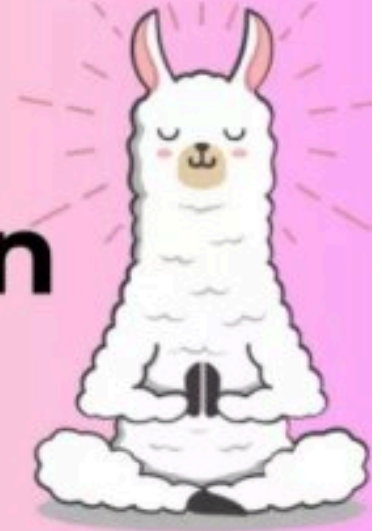


I would recommend this course to friends as I did not realise how much I needed this course and I have noticed the difference.

Level 2 Environmental Studies and Conservation student

Student Enrichment Programme

6 Week Meditation Course



- Fully Guided with Coach, Sally Davis
- Learn Principles of Meditation
- Promote a Sense of Calm

Increase
Patience, Focus
& Positivity



Clear the Mind
Improve Sleep
Minimise Stress

Wednesday 3pm -3.45pm

1-2-1 COACHING WITH A PERSONAL DEVELOPMENT COACH

- The Personal Development team offer 1-2-1 coaching for students who either self-refer or are referred to us by colleagues. We cover topics such as managing emotions, healthy relationships, stress management, anxiety and much more.



23

**STUDENTS HAVE
ACCESSED COACHING
SUPPORT IN FIRST 3
HALF TERMS**



I have found meeting my coach regularly has helped me clear my mind and keep myself motivated. I'd definitely recommend coaching.

Level 1 Adventure Sport student



My coach has helped me both in college and at home, it's been really helpful.

Level 2 Equine Management student

**PERSONAL DEVELOPMENT COACHES
AVAILABLE FOR 1:2:1 CATCH UP'S**

SALLY

VICKY

RACHEL

CLAIRE

**EXPAND KNOWLEDGE, SELF AWARENESS
& PERSONAL SKILLS**

OUTDOOR CLASSROOM CREATED BY STUDENTS FOR OUTDOOR LEARNING

- As a result of student feedback, we created an outdoor learning space. Many students prefer to learn outside and so we have adapted lessons to embrace a different learning environment.



#NEURONINJAS GROWTH AND DEVELOPMENT PODS - INSIDE WHICH NEW BRAINS ARE GROWN

- Staff asked for further support for students to improve attendance and motivation.
- Action: booked coaches from Action Your Potential to run growth and development pods and train 2 Personal Development Coaches at the same time.



24 STUDENT PLACES IN
TERM 4

72 STUDENT PLACES IN
TERM 5

1. Responding to college needs
2. Building expertise and capacity in college (by training our staff)
3. Supporting students who need it and most importantly, positively impacting their attendance.

NATIONAL CAREERS WEEK 2023

CAREERS HUB LOGO

COMPETITION

- As part of National Careers Week 2023 students were given an opportunity to design a logo for the Plumpton College Careers Hub.
- The winning prize - a giftcard and an opportunity for the logo to be developed by the College's Marketing Team and used by the Careers Hub.
- A range of students from across different curriculum areas and levels of the college entered.
- Judging took place with members of the Marketing Team, Careers Team and students.

THE WINNING LOGO

We chose the winning logo based on its connection with our land-based courses, simplicity of design and font used.



GREEN CAREERS FAIR 2023

- Held a Green Careers Fair during National Green Careers Week in Autumn 2023
- The event aimed to showcase the range of green career opportunities in the land based sector with a focus on employers and HE providers from agriculture, horticulture, environment and countryside and forestry areas..



OVER 200 STUDENTS ATTENDED

OVER 20 EXHIBITORS, INCLUDING;

Royal Botanic Gardens
Kew

Millier
— Established 1864 —

RHS

National Trust



The event gave me good links for possible work experience in the future.
(Student)



Good, well organised event, great flow of students with an interest and questions ready.
(Exhibitor)



GREEN CAREERS FAIR

WHEN: WEDNESDAY 15TH NOVEMBER - 1:00PM - 4:00PM

WHERE: AGRIFOOD CENTRE - WEALD CONFERENCE ROOMS (UPSTAIRS)

WHAT: MEET EMPLOYERS FROM AGRICULTURE, FLORISTRY, FORESTRY, HORTICULTURE AND COUNTRYSIDE



PLUMPTON COLLEGE

OPEN TO ALL STUDENTS



GCW
GREEN CAREERS WEEK



NATIONAL APPRENTICESHIP WEEK 2024

- During the week we ran The Apprentice Escape Room
- This interactive escape room has allowed students to find out more about apprenticeships and how they work in a fun but informative way.
- The success of the escape continues as we run it through enrichment sessions too.



4 TEAMS HAVE COMPLETED THE ESCAPE ROOM



Really enjoyed the escape room- found out some useful stuff too!

- The ASK Apprenticeship support and knowledge programme have delivered apprenticeship awareness sessions to 14-16 cohorts and our Level 2 Motor Vehicle students.
- The Careers Team works closely with the College's Apprenticeship Talent Bank service to provide IAG on apprenticeships for students.



NATIONAL CAREERS WEEK 2023

ANIMAL MANAGEMENT AND EQUINE CAREERS FAIR

- This event aimed to raise student awareness of the range of careers in the animal and equine industries
- Students were encouraged to talk with employers and find out about their opportunities and the roles they work in



OVER **150** STUDENTS
ATTENDED

OVER **21** EXHIBITORS, INCLUDING;



Really enjoyed watching the army dogs searching bags.



Love the venue and enjoyed speaking with your students about opportunities in the racing business.



CAREERS ACTIVITIES AT PLUMPTON COLLEGE

- At Plumpton College we strive to make careers fun, engaging and informative.
- Over the past year we have devised a range of activities to support students to understand their options consider their next steps. These include:
 - Careers Pong
 - Freshers Fair and Winter Fayre



THE ROAD TO SUCCESS - MY CAREER JOURNEY

Refreshers Fair - Jan 2024

Students try and land their vehicle and answer questions about their options to win prizes



THE APPRENTICE ESCAPE ROOM

National Apprenticeship week 2024

Students solve the apprenticeship related clues to find out who will be hired



The BIG National Careers Week Quiz

Students play in teams as part of personal development sessions

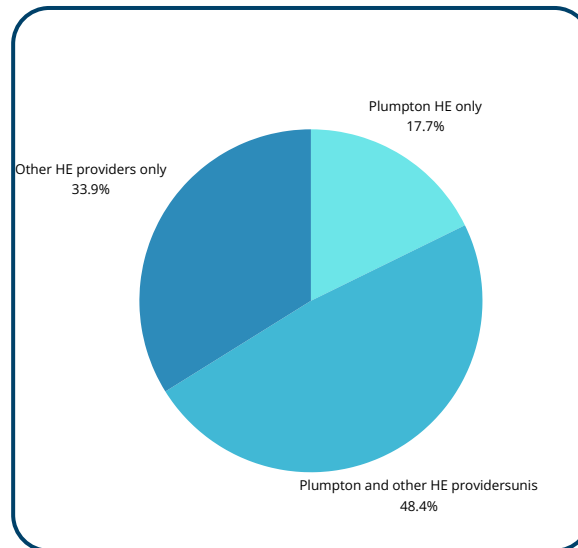
CAREERS INFORMATION, ADVICE AND GUIDANCE

- At Plumpton college 1:1 careers meetings and workshops are a key part of a student's career journey. We aim to help students explore and make informed decisions about their future.
- The careers team also manage the UCAS applications from our current students.

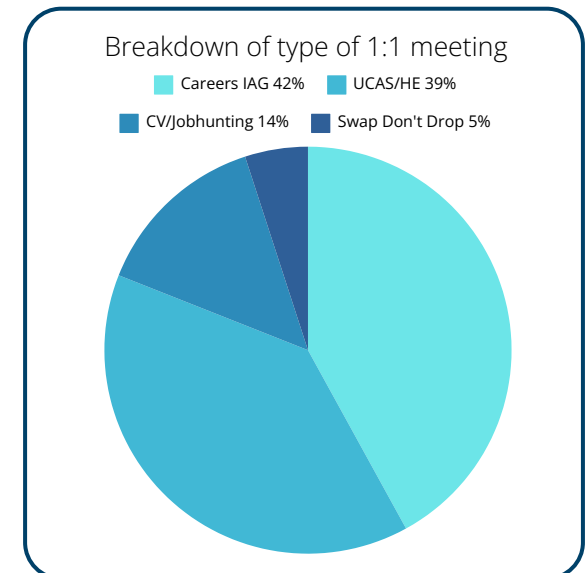
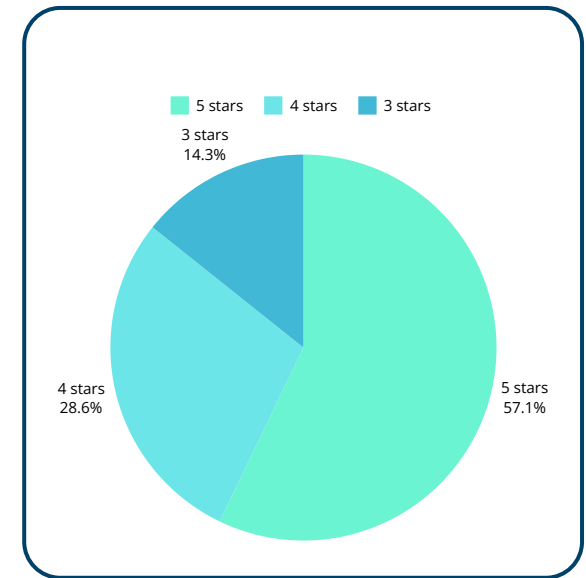
How students book careers meetings



UCAS applications from students



Student feedback- how helpful was your careers meeting



367 careers interventions so far
96 Careers workshops delivered so far